

# MICS ACADEMY

# INNOVATIONS IN OBESITY CARE

**PRESIDENT**

Giuseppe **SPEZIALE**

**COURSE DIRECTORS**

Antonio **BRAUN**

Paolo **GENTILESCHI**

Simone **VENTRA**

**January 23-24, 2026**

*Conference Area*

Santa Maria Hospital

**BARI (IT)**

*promoted by*

**MICS**  
Minimally Invasive  
& Catheter Solutions

**M** MITRAL  
ACADEMY

 **GVM**  
CARE & RESEARCH

 **Università  
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Roma**

*Program*

**MICS ACADEMY**

# FRIDAY

## JANUARY 23, 2026

**13:30** Registration of Participants

**14:00** Welcome address  
**Ettore Sansavini, Giuseppe Speziale**

**14:30** Introduction  
**Marco Orsini Federici**

### SESSION I

*Chair:* **Elena Tremoli**

*Moderators:* **Giuseppe Campolongo, Lorenzo Venturini**

**14:45** Obesity: a growing challenge for the National Health System  
**Vito Montanaro**

**15:15** How and when to treat overweight and obese patients: new evidence from clinical trials  
**Paolo Gentileschi**

**15:45** The uniqueness of Semaglutide 2.4 mg  
**Nicola Castaldini**

**16:15** **COFFEE BREAK**

### SESSION II

*Chair:* **Raul Zini**

*Moderators:* **Mario Prandi, Enrico Brizioli**

**16:45** The role of pharmacological therapy in support of bariatric surgery  
**Antonio Braun**

**17:15** The impact of obesity on the knee joint: mechanisms and therapeutic strategies  
**Biagio Moretti**

**18:00** Plastic surgery and obesity: from managing complications to improving quality of life  
**Angela Di Turi**

### **18:45** ROUND TABLE

**Antonio Merlino, Giuseppe Speziale, Vito Montanaro, Nicola Castaldini,  
Antonio Braun, Biagio Moretti, Angela Di Turi**

- Management pathways for overweight patients
- Identifying patients in multidisciplinary clinical practice for a therapeutic path
- GVM group's expertise

**19:45** Closing remarks and take home message

# SATURDAY JANUARY 24, 2026

**8:30** Opening of the second day

## SESSION I

*Chair:* **Giuseppe Speziale**

*Moderators:* **Alfredo Marchese, Margherita Tiezzi, Antonio Rainone, Fausto Castriota**

**9:00** ESC guidelines and cardiovascular risk in overweight patients: new evidence and clinical perspectives with Semaglutide 2.4 mg

**Simone Ventra**

*Discussant:* **Mario Siro Brigiani**

**9:45** Metabolic complications of obesity: the role of Semaglutide 2.4 mg in prevention and treatment

**Nicola Castaldini**

*Discussant:* **Guido Maria Lembo**

**10:30 COFFEE BREAK**

## SESSION II

*Chairs:* **Gaetano Contegiacomo, Alessandro Santoro**

**10:45** Obesity and diabetes: the importance of early intervention

**Pasquale Mone**

*Discussant:* **Annamaria Balice**

**11:30** Diabetes complications: opportunities for early intervention

**Luca Dalla Paola**

*Discussant:* **Vito Angelo Giagulli**

**12:15 ROUND TABLE**

**Luca Dalla Paola, Pasquale Filannino, Cataldo Girasoli, Pasquale Mone, Tullio Tesorio, Simone Ventra**

- Identifying and assessing cardiovascular risk beyond weight
- Cardiovascular prevention in diabetic patients
- Managing patients with diabetic complications

**13:30** Take Home Messages

**14:00** Closing

# FACULTY

Annamaria Balice, *Bari*

Antonio Braun, *Bari*

Enrico Brizioli, *Cotignola, RA*

Giuseppe Campolongo, *Roma*

Nicola Castaldini, *Faenza*

Fausto Castriota, *Cotignola, RA*

Gaetano Contegiacomo, *Bari*

Luca Dalla Paola, *Cotignola, RA*

Angela Di Turi, *Bari*

Pasquale Filannino, *Bari*

Paolo Gentileschi, *Roma*

Vito Angelo Giagulli, *Bari*

Cataldo Girasoli, *Bari*

Guido Maria Lembo, *Bari*

Alfredo Marchese, *Bari*

Antonio Merlino, *Roma*

Pasquale Mone, *Campobasso*

Vito Montanaro, *Bari*

Biagio Moretti, *Bari*

Marco Orsini Federici, *Roma*

Mario Prandi, *Rimini*

Antonio Rainone, *Mercogliano, AV*

Alessandro Santoro, *Mercogliano, AV*

Mario Siro Brigiani, *Bari*

Giuseppe Speciale, *Bari*

Tullio Tesorio, *Mercogliano, AV*

Margherita Tiezzi, *Cotignola, RA*

Elena Tremoli, *Cotignola, RA*

Simone Ventra, *Taranto*

Lorenzo Venturini, *Cotignola, RA*

Raul Zini, *Cotignola, RA*

# GENERAL INFORMATION

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Conference Area

Santa Maria Hospital

Via Giuseppe Saverio Poli 23

70124 Bari

## REGISTRATION

The registration is free

For registration please contact the Organizing Secretariat at [mics@mitralacademy.it](mailto:mics@mitralacademy.it)

## ORGANIZING SECRETARIAT

ADB Eventi&Congressi

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